



Safe Harbor  
RESCUE MISSION

# anchoring lives to Christ



A silhouette of a woman stands on a beach at sunset, holding a piece of fabric aloft. The sun is low on the horizon, creating a bright glow and reflecting on the water. The sky is filled with soft, golden light and some clouds.

# a supportive

Christian environment where women are  
able to work on rebuilding their lives

*Women and children are the fastest growing homeless population. Women are also the fastest growing population in jails and prisons.*

*Single mothers make up a growing percentage of our community. One fourth of them live in poverty.*

*The top three reasons for homelessness in women are domestic violence, substance abuse, and mental health issues.*

*One in four females is sexually abused every day. The resulting woundedness and shame can lead to a life filled with coping mechanisms such as substance abuse and destructive relationships.*

*Generations of children are affected by the lifestyles of their parents. Sadly, many children are now being raised by a family member other than their parent, or by a foster family.*

# servicing the needs of others

Safe Harbor is a non-profit ministry devoted to servicing the needs of hurting people in Catawba County through Christ-centered assistance and programming. Our primary focus is showing the love of Christ to women from several walks of life including the homeless, ex-offenders, single moms, unemployed, emotionally burdened and those recovering from poor life choices.

## BASIC SERVICES

*free and available to any woman in the community*

- Day center for homeless women and children
  - Needs assessment and spiritual hope
  - Support groups and Bible studies
  - On-Site Babysitting
  - Life skills seminars and classes
  - Clothing ministry
  - Education
  - Financial Guidance
  - Discipleship
- offered to women attending support groups, Bible studies, or educational programs at our facility*
- one-on-one mentoring, Bible studies, and classes*

## RESIDENTIAL PROGRAM

Safe Harbor is currently building the foundation for a residential program that will be offered in conjunction with Western Carolina Rescue Ministries in Asheville, NC. This will be an intense, Christ-centered, one-year program in which women will be able to experience healing from wounds and mistakes of the past, while building a new life of peace and hope for their future.

# we have this hope

as an anchor for the soul, firm and secure. Hebrews 6:19



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