



Making a difference!



**The Women's
Healing Centre**
Your future is bright.

The Women's
Your future
905-273-3333
website: www.womenhealingcentre.com



Mission Statement

We are a community-based organization of women working with women who have been affected by sexual violence and other forms of oppression. We work from feminist/ anti-oppression framework that embraces inclusiveness, diversity and equity which means:

- Recognizing that sexual violence is a crime, committed predominantly by men, against women and children;
- Striving to eradicate sexual violence and all forms of oppression;
- Eliminating barriers in order to increase access for women from diverse communities;
- Networking and resource building with other community partners.

What is Sexual Assault?

Sexual assault is ANY unwanted act of a sexual nature, such as kissing, touching, oral or anal sex, intercourse or other forms of penetration that is imposed on another person. Sexual assault is an act of violence, control and domination and is a CRIME even in marriage or dating relationship.

If you have been sexually assaulted...

- Remember it is NOT your fault
- Go to a safe place
- Call the Sexual Assault Centre of Peel and/or someone you trust for support
- Call the police if you need protection or want to report the assault
- Seek medical attention from your doctor, a clinic, or the emergency department at your local hospital

What is Sexual Harassment?

Sexual harassment is ANY behaviour, comment, gesture or contact of a sexual nature that could be considered objectionable or offensive. Sexual harassment is a form of sexual violence.

Sexual harassment occurs at work, at school, at home and on the streets. The harasser may be a supervisor, a co-worker, a landlord, a client, a customer, an acquaintance, a neighbour or a stranger.

How We Can Help

The Centre is available to women 16 years of age and older who have experienced childhood sexual abuse, sexual assault and/or sexual harassment at some point in their lives. Male survivors can call the crisis line.

Our Services are strictly CONFIDENTIAL and offered FREE OF CHARGE.

A 24-hour crisis and support telephone line

The Centre offers a 24-hour community response crisis line, which provides:

- Confidential and anonymous crisis intervention
- Practical and emotional support and information
- Community referrals

As a support and advocate, we also provide accompaniments, on request, to:

- The hospital
- The Healthy Sexuality Clinic
- The police station
- Court



Individual Counselling

The Centre offers a safe, supportive and non-judgemental place where we provide:

- Individual counselling for survivors of sexual violence
- Counselling for support people (family, friend, partner, etc.)

Group Counselling

The Centre offers a variety of groups for survivors of recent sexual assault as well as for survivors of child sexual abuse. Group provides a safe space where women are listened to, believed and supported in making positive changes in their lives.

Public Education

The Centre offers free public education, which focuses on enhancing community awareness of issues related to sexual violence and other forms of oppression.

- Speaking engagements
- Awareness programs
- Community displays
- Resource library
- Training



MANX

Client: Sexual Assault/Rape Crisis Centre of Peel
(The Women's Healing Centre)

Projects: a) Logo (recreate and slogan)
b) Brochure