

Our alums can be college presidents. In fact, one is. They are also lawyers, plumbers, scientists or painters — or authors, astronauts and x-ray technicians. Girls are moving up, and we're helping them to get there! Read more about us inside and on the web at www.girlincpa-nj.org.



Girls Incorporated® is a national nonprofit organization that inspires all girls to be strong, smart, and boldSM. With roots dating to 1864 and national status since 1945, Girls Inc. has responded to the changing needs of girls through research-based programs and public education efforts that empower girls to understand, value, and assert their rights.

In 2005, Girls Inc. reached nearly 800,000 girls through local affiliates, our website, and educational publications.

girls inc.® Inspiring all girls to be strong, smart and bold.



United Way of Southeastern Pennsylvania Community Partner

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Girls Incorporated Of Greater Philadelphia and Southern New Jersey

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Be Strong.
Be Smart.
Be Bold.



girls inc.® Inspiring all girls to be strong, smart and bold.SM

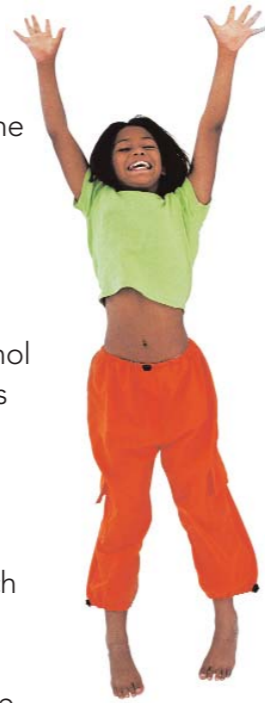


Go...Girls. We'll help you.

Girls Inc.'s network of education and outreach programs is on the job in school, after school and when school is out, such as Saturdays and summers. It reaches into homes, too. Our in-home counseling program works with high-risk families to deter child abuse and fight neglect.

Whether we're teaching girls media literacy, as in *Media and Me*, or math and technology, as in *OperationSMART*, or how to fight drug and alcohol abuse, as in *Friendly PEERsuasion*, **Girls Inc.** gives girls the skills and the confidence to move ahead and make intelligent life decisions.

We're not finished yet! *Project BOLD*, another notable **Girls Inc.** national curricula, helps us teach conflict resolution and self-defense. In *Discovery Leadership*, mentors are role models for young leaders. And *Sporting Chance* helps build positive attitudes and athletic skills.



Girls are Us

At our Community-based Center in Center City, Philadelphia, services for girls of all backgrounds go full steam! After school, there's help with academics, exciting experiences in the arts, counseling programs on topics such as preventing adolescent pregnancy and learning how to budget and manage money, which are both tested, national curricula.



School Sisters after school programs, held in area middle schools, explore paths in history, science, health, nutrition, and fitness. Along the way, adolescent girls make new friends and gain more confidence and self-esteem. Guided by college women, they learn about educational career opportunities, have creative fun with arts and crafts and even go on field trips in and around historic Philadelphia.

Summer Sisters Day Camps open new windows for girls age 10-15. Each 2-week session is packed with sports, games, drama classes, arts and crafts projects, babysitting courses and field trips to sites like the Franklin Institute and the New Jersey State Aquarium.

Saturday Sisters delight girls age 7-14 with fun-filled afternoons of movies, games, arts and crafts, a lunch and lots of opportunities for girl talk with their peers and their **Girls Inc.** mentors.

To learn about our other programs, please call 215-735-7775

